

Doctoral Internship in Professional Psychology

University of Nevada-Las Vegas Counseling and Psychological Services (CAPS)

APPIC Code: **229311**

The University of Nevada-Las Vegas Counseling and Psychological Services (CAPS) is starting a Doctoral Internship program. We are currently accepting applications for two full-time, one-year paid (2000 hour) positions for the 2014-2015 internship year.

Because this is a new internship, we are not currently APPIC members or APA accredited. Our new internship is being developed with the intent to apply for both APPIC membership and APA accreditation. Therefore, we are developing the university counseling center internship with specific attention to the CoA Guidelines and Principles for Accreditation, but there is no guarantee that we will attain APPIC membership or become accredited.

Questions? Feel free to contact:

Emily Russell Slife, PhD

Training Coordinator

Emily.RussellSlife@unlv.edu

702.895.3627

Description of the Center

CAPS is a comprehensive university counseling center that provides services to the students of UNLV. Services include individual, couples, and group psychotherapy, crisis intervention, medication evaluation and management, psychological assessment, drug and alcohol use assessment, educational workshops and presentations, consultation, and referrals to community health care providers. These services are undertaken in accordance with the following philosophy:

Counseling and Psychological Services Philosophy

Student Counseling and Psychological Services strives to enhance the psychological health and personal effectiveness of students, thus empowering them to maximize their personal adjustment and individual accomplishments. In providing services, the staff attends to remedial, developmental, and situational concerns, recognizing that the interaction between the stress associated with the academic environment and individual developmental periods may lead to problems that can be alleviated through therapeutic intervention. CAPS works in concert with the university community to create an environment that helps students to understand and respond to challenges and opportunities in a way that enhances their personal and academic development.

CAPS is a department of the Student Wellness cluster of the Division of Student Life at UNLV. Together with the Student Health Center, Jean Nidetch Women's Center, Office of Student

Conduct, Rebel Wellness Zone, and Disabilities Resource Center, the Student Wellness cluster works collaboratively to achieve the goals indicated by the following mission statement:

Student Wellness Mission Statement

The mission of Student Wellness is to advance the optimal wellness of UNLV students, thereby enhancing their lives and their academic success. To fulfill our mission, Student Wellness affirms the importance of working in partnership with the greater university community; respecting individual differences and cultural diversity; and providing quality services and programs that address the physical, emotional, social, environmental, intellectual, spiritual, and occupational dimensions of life.

CAPS Staff

The professional staff consists of six psychologists, a licensed clinical professional counselor, a psychiatrist, a part-time psychologist, and a care manager. Additionally, there are a number of administrative staff and student workers who support the clinical staff and assist in CAPS operations. Each year, we typically have approximately 4 graduate-level practicum students, and two postdoctoral scholars.

Philosophy and Goals of the Training Program

The doctoral internship is designed to train interns to be competent generalists. Interns gain experience by participating in a wide range of supervised professional activities within a major university counseling center, including:

- individual and couple therapy from a brief treatment model
- group psychotherapy
- crisis assessment and intervention
- assessment and diagnosis
- supervise therapists in training
- case management
- outreach, educational workshops and presentations, and consultation across the university
- research, training, and other activities appropriate to the setting.
- Rotations including, but not limited to: behavioral health, eating disorders, multicultural competence

Additionally, the training program emphasizes professional identity development, ethical decision making, and multicultural competence. The training is based on a Practitioner-Scholar model with a primary emphasis on competence in the practice of professional psychology that is influenced by the science of psychology. The integration of science and practice is encouraged

through the use of seminars, readings from scholarly publications, and other professional development activities.

Goals of the UNLV doctoral internship include:

1. Gaining clinical competence in conducting intakes, providing brief individual psychotherapy, co-leading groups, and conducting crisis assessment and intervention by covering triage hours.
2. Becoming increasingly competent in the theory and practice of psychotherapy and supervision.
3. Designing and facilitating outreach presentations and consultation for the university community.
4. Demonstrating multicultural competence in work with clients and colleagues.
5. Gaining a sense of professionalism and professional identity as a psychologist, and functioning within the ethical guidelines of APA.

Qualifications of Candidates

Minimal Eligibility and Qualifications

Applicants must complete all formal requirements towards Ph.D. or Psy.D. candidacy in Counseling or Clinical Psychology (preferably APA accredited), including:

- All course work necessary for the title of doctoral candidate including comprehensive exams.
- Acceptance of dissertation proposal by dissertation committee no later than the APPIC ranking date.
- Clinical experience with college student population preferred.
- A minimum of 500 cumulative supervised hours in direct clinical service as defined by APPIC criteria.
- At least 400 direct therapy hours; with no less than 300 accrued during the doctoral program.
- Experience with intellectual and personality assessment measures and a completion of a minimum of 4 integrated assessment reports.
- Hours must be accumulated no later than the APPIC ranking date.
- CAPS seeks individuals who are team players, have strong communication skills, practice good self-care, are open to learning, value consultation and supervision, and value self-reflection as a tool for professional development.

Application Procedures

APPIC Match Number **229311**

Refer to the APPIC website for more details and complete application instructions for applying online. All application materials listed below are uploaded via the APPIC applicant portal. We do not accept any paper materials. Interested candidates should submit:

- Completed AAPI online.
- Cover letter.
- Current curriculum vitae.
- Official graduate transcript(s).
- The Academic Program's Verification of Internship Eligibility and Readiness.
- Three letters of recommendation, with at least two from clinical supervisors who will speak directly about the quality of your clinical work and your engagement in clinical supervision.
- Possible background check upon hire, based on HR requirements.
- **All materials must be submitted for review online by December 6, 2013 at 5PM.** This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant.
- Interviews will be set up and conducted in January.
- **Match Day is Friday, February 21, 2014. Our APPIC Code is 229311.**

Internship Responsibilities and Expectations

The UNLV CAPS Doctoral Internship is a 2000 hour experience, with the expectation of 500 hours of direct service activities. Interns will be able to gain experience through a wide range of activities some of which will be negotiated individually by each trainee based on their interest areas and the needs of the center. The doctoral internship in professional psychology includes these components:

Direct Service:

- Intake Assessments
- Brief Individual and Couples Counseling
- Group Counseling
- Triage Coverage (4 hours/week)
- Supervision of a therapist in training
- Consultation

Training Activities:

- Training Seminars, including but not limited to: Brief Psychotherapy, Crisis, Ethics, Diversity, and Group. Additionally, training seminars will include didactics such as:
 - Couples Counseling
 - Mindfulness
 - Theories of Psychotherapy
 - Suicide/At-Risk Clients
 - Eating Disorders
- Case Assessment Team meeting
- Individual Supervision
- Supervision of Supervision

- Supervision of Group Therapy
- Meeting with the Training Coordinator
- Staff Meeting

Outreach

Other Activities

- Prep time/Admin time
- Specialty rotation depending on intern interests and center needs. Examples include, but are not limited to: Behavioral Health, Eating Disorders, Multicultural Competence, Disabilities, and Outreach.

Training Year and Benefits

We will offer two positions for the 2014-2015 internship year. The internship is 40 hours/week starting August 11, 2014. The stipend will be \$25,000 plus benefits paid monthly. Interns also receive university holidays and annual, sick, and professional development leave. The leave is intended for an intern's dissertation defense, job interviews, and conferences. The timing of this leave is subject to approval of the Training Coordinator. All interns will have a private office with a computer, printer, webcam for videotaping, and library privileges.

Sample Schedule

Fall/Spring Semesters

Clinical Services (24 hours)	Hours per week
Intake Assessments	3.0
Individual / Couples Therapy	14.0
Group Therapy	3.0
Crisis Coverage	4.0
Outreach & Consultation	1.0
Supervision (3.5 hours)	
Supervision of Individual / Couples Therapy	2.0
Supervision of Group Therapy	1.0
Supervision of Supervision	0.5
Seminars (2.5 hours)	
Brief Psychotherapy Seminar	0.5
Crisis Intervention / Ethics Seminar	1.0
Diversity Seminar	0.5

Group Seminar	0.5
Administrative (9 hours)	
Case Assessment Team	2.0
Staff Meeting / Professional Development	1.5
Meeting with the Training Coordinator	1.0
Charting/case and supervision prep	4.5
	<hr/>
Total Hours	40
Summer	
Clinical Services (24 hours)	Hours per week
Intake Assessments	3.0
Individual / Couples Therapy	14.0
Group Therapy	3.0
Crisis Coverage	4.0
Outreach & Consultation	1.0
Supervision (3 hours)	
Supervision of Individual / Couples Therapy	2.0
Supervision of Group Therapy	1.0
Seminars (3 hours)	
Brief Psychotherapy Seminar	0.5
Crisis Intervention / Ethics Seminar	1.0
Diversity Seminar	0.5
Group Seminar	0.5
Supervision of Supervision	0.5
Administrative (9 hours)	
Case Assessment Team	2.0
Staff Meeting / Professional Development	1.5
Meeting with the Training Coordinator	1.0
Charting/case and supervision prep	4.5
	<hr/>

Living in Las Vegas

Las Vegas is a city with many exciting attractions. Like any other large metropolitan area, the city has fine libraries, museums, the Smith Center for Performing Arts, community theater, art galleries, and parks. Mild desert temperatures make outdoor recreation possible throughout the year in southern Nevada. Within a 30-mile radius lie the shores of Lake Mead, massive Hoover Dam and the Colorado River recreation area, the snow-skiing and hiking trails of 12,000-foot Mount Charleston, and a panorama of redrock mountains and eroded sandstone landscapes. In addition, the city is only four to five hours by car from the beaches of Southern California and the national parks of Utah and Arizona. Las Vegas enjoys a mild year-round climate, yet there are noticeable seasonal differences. The annual average temperature is 79 degrees, but it is not unusual for the mercury to hit the 110 degree mark during the summer and dip into the 30s in the winter. Annual rainfall amounts to only 3.5 inches, much of it falling in the winter when it is snowing in the nearby mountains.